The leaders in advanced dermatology since 1977

SKIN & BEAUTY DERMATOLOGY CENTER

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PLEASE MEET OUR
MOH’S SURGERY & SKIN CANCER CENTER

What is MOHS Micrography Surgery?

Mohs micrographic surgery is a specialized, highly effective technique for the removal of skin cancer. The procedure was developed in the 1930s by Dr. Frederic Mohs at the University of Wisconsin and is now practiced throughout the world. Mohs surgery differs from other skin cancer treatments in that it permits the immediate and complete microscopic examination of the removed cancerous tissue, so that all “roots” and extensions of the cancer can be eliminated. Due to the methodical manner in which tissue is removed and examined, Mohs surgery has been recognized as the skin cancer treatment with the highest reported cure rate.

Advantages of the MOHS Surgical Procedure

Some skin cancers can be deceptively large – far more extensive under the skin than they appear to be from the surface. These cancers may have “roots” in the skin, or along blood vessels, nerves, or cartilage. Skin cancers that have recurred following previous treatment may send out extensions deep under the scar tissue that has formed at the site. Mohs surgery is specifically designed to remove these cancers by tracking and removing these cancerous “roots.” For this reason, prior to Mohs surgery it is impossible to predict precisely how much skin will have to be removed. The final surgical defect could be only slightly larger than the initial skin cancer, but occasionally the removal of the deep “roots” of a skin cancer results in a sizeable defect. The patient should bear in mind, however, that Mohs surgery removes only the cancerous tissue, while the normal tissue is spared.

Our MOHS Surgery & Skin Cancer Center

Dr. Monheit has been a leader in skin cancer and Mohs surgery. He trained with Dr. Frederick Mohs and established the first center for Mohs surgery in Alabama. He has trained fellows for the past 20 years which has graduates practicing worldwide. The Mohs Surgery & Skin Cancer Center at Total Skin & Beauty is a state of the art facility with a dedicated staff for skin cancer removal via the Mohs technique, reconstruction and personalized patient care. With over 2,000 patients treated a year, our center has the experience and expertise for predictable cures and quality care.

Director

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Dr. Monheit established the first MOHS center in Alabama.

Follow the 3 week Rule: If a pimple, a scratch, a knot or nodule persists beyond 3 weeks, it is suspicious. See your Dermatologist.

-Dr. Monheit

Visit our website wwwtotalskinandbeauty.com
Top 5 Reasons to visit the TSB cosmetic Center

1. Shop! EltaMD® Sport is a top selling sunscreen this summer. Plus EltaMD® now offers the first zinc oxide based sunscreen in a SPRAY formula!
2. Reduce stubborn blackheads with an Acne Facial.
3. Feel relaxed and leave with healthy-looking skin after any of our spa services.
4. Eliminate unwanted hair with our LightSheer Laser Hair Removal system.
5. Obagi representative will be at the office July 23rd for a free skin consultation.

SAVE THE DATE: Annual Cosmetic Open House Tuesday September 14th, 5-7pm

TANNING AND CANCER GO HAND-IN-HAND

Without tanning beds, soaking up the rays was limited to clear days in the summer. The invention of the tanning bed changed that, and throughout the 1990s, the rapid proliferation of tanning salons provided venues for millions of people to sunbathe regardless of weather, season, or time of day. Since 1992, the indoor tanning industry has grown five-fold, with 28 million indoor tanners in the United States supporting a billion-dollar-a-year business. During that same period, melanoma rates have increased by 2 percent in the general population. Amongst young women, who make up 71 percent of tanning salon customers, incidents of melanoma have increased by 2.2 percent said Jennifer Stein, an assistant professor of dermatology at New York University's Langone Medical Center. Over that time, skin cancer also became the most common form of cancer for Americans ages 25-29, a group that traditionally shows very low cancer rates.

"We see a surprising number of young women coming in with melanoma, and a lot of them say they've used tanning beds," Stein told LiveScience.com. "By far, by far, the majority of users of indoor tanning beds are young women."

While some dermatologists believe that other factors, such as increased UV exposure resulting from the hole in the ozone layer, contribute to the rise in melanoma rates over the last 18 years, the irrefutable link between indoor tanning and melanoma makes tanning beds the prime suspect. In a recent study conducted by researchers at the University of Michigan, frequent tanning bed users proved three times more likely to develop melanoma than non-users, and subjects that used tanning beds for any amount of time showed a 74-percent higher rate of melanoma than non-users, according to research published online May 27 in the journal Cancer Epidemiology, Biomarkers and Prevention.

Information by Stuart Fox, LiveScience Staff Writer

We are now recruiting participants for the following research studies:

- Acne
- Plaque Psoriasis
- Topical Botox
- Melasma

If you are interested in any of our current studies or would like to add your name to our database of potential participants, please contact the Research Department at (205) 380-6148 or research2@totalskinandbeauty.com.